

Towers Activity Calendar

Jordan

JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am- Exercise 12:15pm- Bingo 2pm- Greeting Card Club Meeting	2 10am-CSFP (NAPS) 10am- Exercise 2pm –Chair Yoga	3 10am- Exercise 1pm-3pm Coffee & birthday celebration 1pm- Skip-Bo 3pm- Communion	4 9am-11am- Bible Study 7pm- Dart Club	5 10am- Bible Study 10am- Exercise 1pm –Chair Yoga 3pm- Bible Study 4pm - Movie	6 1pm- Skip-Bo	7 1pm- Skip-Bo
8 10am- Exercise 12:15pm- Bingo	9 10am- Exercise 10 am – R.C. Meeting 10:30- BP Checks 2pm –Chair Yoga 7pm – Bean Bags	10 10am- Exercise 11am- Veggie RX 1pm-3pm Coffee 1pm- Skip-Bo 3pm-Diamond Art	11 9am-11am- Bible Study 7pm- Dart Club	12 10am- Bible Study 10am- Exercise 1pm –Chair Yoga 3pm- Bible Study	13 1pm- Skip-Bo 3:30pm – Ice Cream Social	14
15 10am- Exercise 12:15pm- Bingo	16 10am- Exercise 2pm –Chair Yoga 4pm- Hager Heights	17 10am- Exercise 11am- Veggie RX 1pm-3pm Coffee 1pm- Skip-Bo 3pm- Communion	18 9am-11am- Bible Study 7pm- Dart Club	19 10am- Bible Study 10am- Exercise 1pm –Chair Yoga 3pm- Bible Study 4pm- Movie	20 1pm- Skip-Bo	21
22 10am- Exercise 12:15pm- Bingo	23 10am- Exercise 2pm –Chair Yoga 7pm – Bean Bags	24 10am- Exercise 11am- Veggie RX 1pm-3pm Coffee 1pm – Building a Better Brain Presentation 1pm- Skip-Bo	25 9am-11am- Bible Study 1:30- Medicare Presentation 7pm- Dart Club	26 10am- Bible Study 10am- Exercise 1pm –Chair Yoga 3pm- Bible Study	27 1pm- Skip-Bo	28
29 10am- Exercise 12:15pm- Bingo	30					