



2025 Tower Talk Newsletter



Weekly Happenings

Exercise

Mon, Tues, Wed, & Fri
10am- 10:30am
J2 Activity Room

Skip Bo

Wed & Sat
1:00pm
J2 Activity Room

Corn Hole/ Bean Bags

2nd & 4th Tues.
5/13 & 5/27
Tuesdays
7pm
J2 Sailstad Room

Church/Communion

1st & 3rd Wednesday of
the month
5/7 & 5/21
3pm
J2 Media Room

Bingo

Mon & Thurs
12:15pm
J2 Sailstad Room

Chair Yoga

Every Tuesday
2pm
&
Every Friday
1pm
Media Room

Dart Club

Every Thursday
7pm
J2 Pool Table Area

Library Committee

meeting
2nd Tues. of each month
5/13
3pm
Craft room

Coffee

Wednesdays
1pm– 3pm
J1 Café Jordan

Red Wing HRA Office:

651-388-7571

**Mon- Thurs
7:30am–4:30pm
Fri– 8am to Noon**

MAINTENANCE

EMERGENCY
After Office Hours
651-764-9586

Police non-emergency number

651-385-3155

J1 Office (Candis)

Front desk 651-388-7614

J1 Office (RyAnne)

651-301-7018

J2 Office (Tiffany)

651-301-7035

HRA Office (Cathy)

651-301-7020

HRA Office (Dwane)

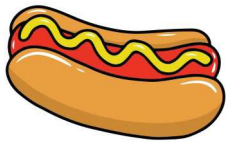
651-301-7012

May Activities

Memorial Day Pot Luck

**Mon, May 26
4pm
J2 Sailstad Room**

JTRC will be serving hot dogs and all the fixings.



Please bring your own beverage and a dish to pass if you are able.

JTRC sponsored event.

Neighbor to Neighbor Closet Hours

As of May 1, 2025 the closet will be closed until further notice. This area will be effected by the construction.

The food pantry will remain open.

Food Pantry open 24/7

Omega Blood Pressure Checks

**Tues, May 13th
10:30-11:30am
J2 Sailstad Room**

Rock Painting

**Thurs, May 8
3pm
J2 Craft Room**

Have you heard of Red Wing Rocks?

Red Wing Rocks is a fun and growing movement of painting and sharing rocks. You can participate by finding rocks and/or painting rocks.

All are welcome.



Birthdays

5/1 Roxanna Braa
5/3 Steve Eckhoff
5/9 Bruce Gravert
5/15 Deb Moritz
5/14 Barry Preble
5/16 Jennifer Cook
5/20 Kurt Keena
5/21 Thomas Elms
5/27 Jason Luckett



Diamond Art

**Wed, May 14
3pm
J2 Craft Room**

**Diamond Art Kits will be
\$3.00 per kit.**

Please pay when you sign up in the J1 or J2 office.

Resident Council Meeting

**Tues, May 20
1pm
J2 Conference Room**

All are welcome!



May Activities

Channel One CSFP Community

Supplement Food Program

Tues, May 6
10am

J1 Café Jordan

To find out if you qualify for the CSFP program, please contact Channel One CSFP at
1-877-500-8699 or
1-507-424-1704

Fraud

Thurs, May 29

1:30pm

J2 Media Room

Someone from senior linkage will be here to talk about scams and how to protect yourself from being a victim of fraud.

Please sign up by 5/26 in the J1 or J2 office.



Bible Studies

Every Thursday

9am- 11am

J2 Craft Room

&

Every Friday

10am- 11am

J2 Media Room

&

Every Friday

3pm– 4pm

J2 Craft Room

Greeting Cards

Cards for sale 24/7 outside of J2 Craft Room or in J1 Café.

\$.25 for one card

Please leave money in the box provided by the cards.



Birthday Celebration

Wed. May 7

1pm– 3pm

J1 Café Jordan



Come down and enjoy a free piece of cake, coffee and enjoy some socialization with your neighbors.

You will receive an invite in your box for this event.

Board Games

Thurs, May 15

3-4pm

J2 Activity Room

Come join Tiffany and RyAnne to play a board game!



Air Conditioner Cleaning

Sylvander Heating will be here again this year to clean AC units if needed.

May 21 & 22

\$90 per unit

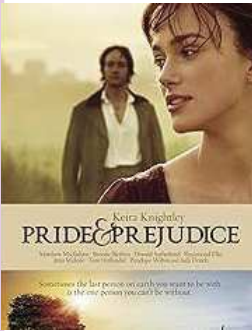
The price includes taking out the unit, cleaning the unit and putting the AC unit back.

You must be home when Sylvander comes.

Please sign up with Tiffany or RyAnne by Monday, May 19

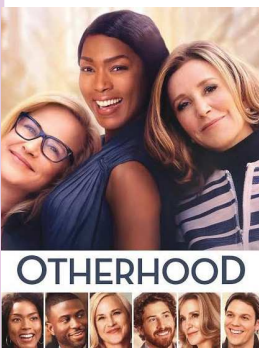
MOVIES—J2 Media Room

DATE/TIME CHANGE -BACK TO FRIDAYS



Friday, May 2nd at 4pm—Pride & Prejudice (PG) 2 HRS 8 MIN

Adapted from Jane Austen's timeless masterwork, PRIDE & PREJUDICE brings a modern sensibility to one of the greatest love stories of all time. When Elizabeth Bennet (Knightley) meets the handsome Mr. Darcy (Mathew Macfadyen), she believes he is the last man on earth she could ever marry. But as their lives become intertwined, she finds herself captivated by the very person she swore to loathe for all eternity. It is a classic tale of love and misunderstanding that sparkles with romance, wit, and emotional force.



Friday, May 16th at 4 pm – Otherhood(R) 1 HR 40 MIN

A grounded, soulful, celebratory comedy about three mothers and their adult sons. The film explores the stage after motherhood, *Otherhood*. Popcorn will be served at each showing.

Bring your own beverage. Resident Council is not responsible for the movie content.

If you have movie suggestions please let RyAnne know.

Meet and Greet the new SEMCAC Kitchen staff.

Come meet Jody and Janice

Wed. May, 14th
11:30 am
J2 Sailstad



**“Watch your thoughts, for they become words.
Watch your words, for they become actions.
Watch your actions, for they become habits.
Watch your habits, for they become character.
Watch your character, for it becomes your
DESTINY.”**

Author Unknown

Congratulations Joe Bigalke

Beautiful Project!

"No Matter Where You Are" the 4th (Beautiful) song from the Joe Bigalke release on Rock the Cause Records through Sony/Orchard is now available everywhere!!!

Joe was recognized also on this day, for his continued success in Music, by the Nashville Songwriters Association International at this year's award ceremony in Nashville with Jaime Floyd (co-writer) beautifully performing the song live, at the event! (Quite a few major hit songwriters also performed their songs and told stories of the process, so amazing that Joe's project was included)

Song written by Joe Bigalke & Jaime Floyd exploring hopeful feelings during loss, with recording production & performance by Mark Woerpel Music located at the Anderson Center at Tower View with Brooke Elizabeth on Amazing Heartfelt vocals, & Artwork by Lauren Hovland.



The Library is now open

We ask that you follow this process:

- When checking out a book (write the name of the book. Author, your name and the date you checked it out on check out sheet)
- Return books to return basket. Which is black and located under the sign out table.
- If donating books you put them in the donate basket which is black and located under the sign out table. Once you donate a book it becomes the library committee's book. They will decide if it gets placed in the JT library or not.

We are hoping to purchase more large print books.

If you have suggestion for books or for the library please let a library committee member know.

Library Committee Members

Cheryl Lund Steve Pringle
Rita Dahms Joyce Hadler
Pat Donaldson Linda Rowan

Random Acts of Kindness

Do you know a fellow resident who goes out of their way to help others? Nominate someone by writing their name and why you are nominating them in the suggestion boxes in J1 and J2. (Located on 1st floor in each tower).

Winner receives a \$10 gift card to Koplins Village Market.

1. Thank you Rose Eichten for picking up a prescription for a neighbor. - anonymous
2. I nominate, Barry Preble for helping me by getting milk for me during lunch and picking up my prescriptions
3. I would like to thank JJ Schmidt and Tom Elms for all they've been doing for me since David passed. Thank you bunches- Iris Carroll
4. Thank you Linda Rowan, for helping me with getting a new phone , taxes and everything else .- Dona Anderson
5. I would like to nominate the library committee (Rita Dahms, Joyce Hadler, Cheryl Lund, Pat Donaldson and Steve Pringle) for their hard work. I really like the new feel. I love books and books are very important to me. -Lisa Schendel.
6. Wanda Sherry without even asking helped bring me my packages. I appreciate the help. -Diane Goham *WINNER*
7. I appreciate Liz Ciccone helping me with laundry and my packages. She's always kind and helpful. -Diane Goham.
- 8.



Jordan Tower I Renovation Project

We are still working through the details and plans for the scope of work. We anticipate these plans to be finalized by the end of May. Once these plans are completed, the plans will need to be submitted to Minnesota Housing for approval. After Minnesota Housing reviews and approves of the plans, then we will be going out for bids from general contractors.

The process of going out for bids and reviewing the bids that are submitted will take a while due to the size of this project. After the general contractor is selected, there will be many details worked out as to how the project will progress and what we will need from each resident to ensure this project is completed. Once we have the details worked out, we will hold several meetings to go over the project and expectations from residents.

Resident Council Meeting Minutes
Tues, April 15 2025 from 1:00pm to 2:00pm

Attending: Irene Alger, Joanne Bundy, Barry Preble, ,Cheryl Lund, Christine Radtke, Kim Rossi, Linda Rowan, Joyce Thompson, Betty Twitchell, Pat Donaldson, Todd Hallahan, Jackie Luikart (HRA Commissioner) Tiffany Tieman (PSC), and RyAnne Schutz, (RSC)

Absent: Jeanelle Fosberg, Christine Radtke, Pat Donaldson, and HRA Rep

Resident attendees and other Guests:

** This is a condensed version of the meeting minutes. If you wish to see the whole copy of minutes, please see Tiffany, RyAnne or a Resident Council member.

Public Comment:

Old Business

- Library revamp done—it's open
- Retirement party for Kim and Linda—small turnout/good time
- New dart boards are up—thank you from Dart Club

New Business

- Get to know cooks May 14th 11:30am
- Memorial Day Potluck at 4pm
- Resident Council new members
- June Ice Cream Social 6/14 at 3:30 pm
- Neighbor to Neighbor closet closing May 1
- Newspaper subscription will be ordered for Library

JTRC would like to request that if you attend an event and are able to assist with clean up, your help would be greatly appreciated.

The next Resident Council meeting is scheduled for Tuesday, May 20, 2025 at 1pm in the J2 Conference Room.

The Scoop- Announcements from HRA and Resident Services

HRA and Resident Services Offices

Offices will be closed on Monday, May 26th in observance of Memorial Day.

The Red Wing HRA strives to have a clean and sanitary building for everyone to enjoy. If you come across an unsanitary or unclean area, please report it to the office as soon as possible. No one is going to question if you caused the accident or not.

Recycling

Make sure your recycling is making it to the blue containers. Do not just leave it on the floor or in the grocery carts.

Work Order

Please call all work orders into the HRA office. Do not stop HRA staff and tell them the problem. There is an order of operation. The first step is call the office to report the problem.

Mail

Please leave other tenant's mail or packages alone unless you have an agreement with them to deliver their packages to them.

Privacy/Confidentiality

Be courteous of other people's privacy. If you come to one of the Jordan Tower offices and someone is in with Tiffany or RyAnne please give them privacy and be patient. It is disrespectful when you wait in the doorway or barge in on someone. Scheduling a meeting is always an option.

Jordan Towers Resident Services

Senior Resident Service Coordinator

TIFFANY TIEMAN, PSC

J2 Office— 651-301-7035

**Open Tues– Thurs 7:00am-4:30pm
& Fri.-7:00am-12:00pm**

Resident Service Coordinator

RYANNE SCHUTZ

J1 Office -651-301-7018

Open Mon– Thurs 8:00am—4:30pm

Offices Doors

If an office door is shut it means we are either in a meeting, with another tenant, on the phone or engaged. Do not pound on the office door because you know someone is in there. If you need immediate assistance call the HRA office. If it is emergency call 911.

Borrowing

If someone ask you to borrow money DO NOT feel obligated. It is okay to say NO. Most people today are living on a fixed income and do not have extra money to borrow out to others.

Magazines

Do you have current magazines you want to get rid of or share? If so, please see Tiffany or RyAnne.



Omega Home Healthcare LLC

1-877-517-0644

- Homemaking services such as, laundry cleaning dishes, etc.
- Home healthcare such as, assistance bathing, etc.
- RN services such as, regulating medications, etc.

Please see Tiffany or RyAnne to see if you qualify for the sliding fee scale.



Maids in Minnesota

Stacey Ledebuhr, Owner

1-855-88MAIDS

(1-855-886-2437)

Duties include:

- Grocery, meds or errands run
- Basic housekeeping/ cleaning duties
- Laundry/ Bed making
- Taking out garbage and recycling
- And more.....

Please see Tiffany or RyAnne to see if you qualify for the sliding fee scale.

Senior Foot Care Clinic

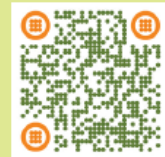
Vicki Hattemer, RN, BSN

651-380-4852

Please see Tiffany or RyAnne to see if you qualify for the sliding fee scale.

- Food Shelves • Community Food Distribution
- Farmers Markets • Senior Resources
- Goodhue County Resources

findfoodgoodhuecounty.com



Callmax

Text– 855-936-2202

Phone call– 651-388-7571

Email is from Red Wing HRA

Fare For All

June 4th

3pm– 5pm

St. Joseph's Church

435 W.7th Street

Red Wing, MN

Red Wing Food Shelf

Mon, Tues & Thurs

4pm- 6pm

Fridays

11am- 1pm

1755 Old West Main St.

Red Wing, MN 55066

Contact Tiffany or RyAnne today to see if you qualify for the Independent Living Services Program (ILSP).