In inclement weather: Please visit:  WWW.samcac.org Or visit our FB page Or call 507-864-8231  Chill Con Carne Pineapple Slices Con Miffin wiMarg Polato said Mic Gingerbread Cake WiMinipped Topping Polato said Mic Ginger Debad Wilding Polato said Mic Ginger Debad Wilding Polato said Mic Ginger Debad Wilding Wilding wiMarg Polato said Mic Ginger Debad Wilding Wilding wiMarg Polato said Mic Ginger Debad Wilding wiMarg Polato said Wilding wiMarg Polato said Wilding wiMarg Polato said Wilding wiMarg Apple Citsp Wilding wiMarg Polato said Wilding wiMarg Polato said Wilding wiMarg Apple Citsp Wilding wiMarg Apple Citsp Wilding wiMarg Polato said Wilding wiMarg Apple Citsp Wilding Wilding wiMarg Apple Citsp Wilding wiMarg Polato Said Wilding wiMarg Apple Citsp Wilding wiMarg Apple Citsp Wilding wiMarg Apple Citsp Wilding wimining Wilding wimining Wilding wimining Wilding wimining Wilding Wildin	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
our FB page864-8231  5 BBQ Meatballs lices	In inclosion the state of			8	
our FB page	Please visit		_	Spa	Roast Pork
v-864-8231  Same liticas w/Marg w/Marg w/Marg liticas w/Marg liticas w/Marg w/Marg w/Marg liticas w/Marg w/Marg w/Marg w/Marg liticas w/Marg w	www.semcac.org			Muffin w/Marg	Squash
*Diab Fruit Cup  *Diab Fruit  *	Or visit our FB page			Mild Gingerbread Cake	Fruit Cocktail Cake
arrine silices silices silices silices silices silices solied Red Potatoes Cauliflower Caream Applesauce Mashed Potatoes w/Gravy Cinnamon Applesauce Mashed Potatoes w/Gravy Carrot Coin Salad Chocolate Cherry Bar Carrot Coin Salad Cookie/Bar Apple Crisp Mashed Potatoes Apple Crisp Marinated Green Beans Apple Crisp Crackers Carrot Coin Salad Chocolate Cherry Bar Cookie/Bar Apple Crisp Mashed Potatoes Carrot Coin Salad Cookie/Bar Apple Crisp Mashed Potatoes Apple Crisp Marinated Green Beans Apple Crisp Crackers Carrot Coin Salad Cookie/Bar Apple Crisp App	Or call 507-864-8231			w/ Whipped Topping *Diab Fruit	*Fresh Fruit
W/Marg Pudding Pudding Pudding Pudding Pudding Pudding Pudding Pudding Potato salad Marinated Green Beans Starburst Cake Diab Fruit Cup  12 Rosemary Pork Roast d Warinated Green Beans Cinnamon Applesauce Mashed Potatoes w/Gravy Spinach Fresh Banana  13 Hamburger Vegetable Soup Crackers Egg Salad on a Bun Crackers Spinach Fresh Banana  14 Creamy Chicken Parmesan Rice Pilaf Crocokie Plar Pulab cookie/bar  15 Creamy Chicken Parmesan Rice Pilaf Cookie/Bar *Diab Cookie Pulab Cookie/Bar *Diab Fruit Potato salad Marinated Green Beans *Diab cookie/bar  15 Creamy Chicken Parmesan Rice Pilaf Cookie/Bar *Diab Cookie *Diab Mixed Fruit Cup *Diab Mixed Fru			Chicken Dot Die		E 9
Apple Crisp Pudding Pu	Pineapple Slices	Boiled Red Potatoes	Tossed Salad w/Fixings	Potato salad	Vegetable Lasagna
Apple Crisp *Diab Banana *Diab Fruit Cup  12 Rosemary Pork Roast d Rosemary Pork Roast Cinnamon Applesauce Mashed Potatoes w/Gravy Spinach Sup  19 BBQ on a Bun Oven Browned Potatoes Apple Crisp w/Whpd Tpg *Diab Fruit Beef Patty Succotash Yogurt Fruit Cup  *Diab Gookie  *Diab Fruit Cup  *Diab Fruit  15 Creamy Chicken Parmesan  Asparagus  7 Layer Salad Cookie/Bar  *Diab Pineapple Tidbits  *Diab Cookie	Corn Muffin w/Marg Flavored Ice Cream	Cauliflower	Fruited Muffin w/Marg	Marinated Green Beans	5-Cup Fruit
12 Rosemary Pork Roast d Cinnamon Applesauce Mashed Potatoes w/Gravy Spinach Sup Plat Cup	*Diab Vanilla Ice cream	*Dish Renens	*Tick Table Cake	Apple Crisp	Garlic Bread
12 Rosemary Pork Roast d Rosemary Pork Roast d Crackers Applesauce Spinach Fresh Banana  14 Creamy Chicken Parmesan Rice Pilaf Asparagus 7 Layer Salad Chocolate Cherry Bar 8 Diab Cookie  20 Baked Turkey Oven Browned Potatoes Baked Beans Apple Crisp w/Whpd Tpg 8 Pilab Cookie  26 Ham Balls Alt: Beef Patty Succotash Yogurt Fruit Cup  27 Sugurt Fruit Cup  28 Rosemary Pork Roast Cream Carckers Hamburger Vegetable Soup Rice Pilaf Crackers Carrot Coin Salad Chocolate Cherry Bar 20 Chocolate Cherry Bar 21 Enchilada Casserole Carrots Pears/Cranberry Sauce 22 Chicken Broccoli Bake 29 Chicken Broccoli Bake 29 Chicken Broccoli Bake 29 Chicken Brownies 29 Chicken Bro	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Diab banana	*Diab Fruit Cup	*Diab cookie/bar	Cookie
Rosemary Pork Roast d Rosemary Pork Roast Cinnamon Applesauce Crackers Mashed Potatoes w/Gravy Spinach Fresh Banana  19 BBQ on a Bun Oven Browned Potatoes Apple Crisp w/Whpd Tpg *Diab Fruit  26 Ham Balls Alt: Beef Patty Baked Potato w/Sr Cream Succotash Yogurt Fruit Cup  Rice Pilaf Asparagus Carrot Coin Salad Chocolate Cherry Bar *Diab Cookie  20 Baked Turkey Mashed Potatoes Green Bean Casserole Pumpkin Crisp *Diab Cookie  27 Goulash Orange – ¼ fresh Succotash Yogurt Fruit Cup  Rice Pilaf Asparagus 7 Layer Salad Cookie/Bar *Diab Pineapple Tidbits  21 Enchilada Casserole Carrots Pears/Cranberry Sauce Coconut Custard Pie *Diab Cookie  29 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup  *Diab Mixed Fruit Cup			14		*Diab Cook
Spinach Fresh Banana  19 Spinach Fresh Banana  20 Chocolate Cherry Bar *Diab Cookie  20 Baked Turkey Coren Browned Potatoes Apple Crisp w/Whpd Tpg *Diab Fruit  26 Ham Balls Alt: Beef Patty Baked Potato w/Sr Cream Succotash Yogurt Fruit Cup  27 Spinach Fresh Banana  28 Ham Balls Succotash Yogurt Fruit Cup  29 Fresh Banana  20 Baked Turkey Chocolate Cherry Bar *Diab Cookie  21 Enchilada Casserole Coconut Custard Pie *Diab Cookie  22 Enchilada Casserole Carrots Pears/Cranberry Sauce Coconut Custard Pie *Diab Cookie  27 Goulash Orange – ¼ fresh Coleslaw Muffin w/Marg *Diab Mixed Fruit Cup  29 Chicken Broccoli Bake Cranberry Bar  20 Coconut Custard Pie *Diab Cookie  20 Chicken Broccoli Bake Cranberry Bar *Diab Mixed Fruit Cup  29 Chicken Brownies *Diab Mixed Fruit Cup	Tossed Salad	Cinnamon Applesauce	Hamburger Vegetable Soup Crackers	amy Chicken Parmesa Pilaf	Porcupine Meatballs
Fresh Banana  19 19 10	Vixed Fruit Cup	Mashed Potatoes w/Gravy	Egg Salad on a Bun	Asparagus	Corn/Piment
*Diab Cookie  *Diab Cookie  *Diab Pineapple Tidbits		Fresh Banana	Chocolate Cherry Box	7 Layer Salad	Cherry Crisp w/Topping
typ  BBQ on a Bun Oven Browned Potatoes Baked Beans Apple Crisp w/Whpd Tpg *Diab Fruit  26 Ham Balls Alt: Beef Patty Baked Potato w/Sr Cream Succotash Yogurt Fruit Cup  27 Succotash Yogurt Fruit Cup  28 Chicken Broccoli Bake Coconut Custard Pie *Diab Cookie  29 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup  29 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup		j	*Diab Cookie	*Diab Pineapple Tidhits	Diab Angel
BBQ on a Bun Oven Browned Potatoes Baked Beans Apple Crisp w/Whpd Tpg *Diab Fruit  26 Ham Balls Alt: Beef Patty Succotash Yogurt Fruit Cup  BBQ on a Bun Oven Browned Potatoes Baked Turkey Mashed Potatoes Green Bean Casserole Pumpkin Crisp *Diab Cookie  27 Goulash Orange – ¼ fresh Coleslaw Muffin w/Marg Lemon Bar *Diab Mixed Fruit Cup  28 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup	10				
Coconut Custard Pie *Diab Fruit  26 Ham Balls Alt: Beef Potato w/Sr Cream Succotash Yogurt Fruit Cup  Coconut Custard Pie *Diab Cookie  *Diab Cookie  27 Goulash Orange – ¼ fresh Succotash Yogurt Fruit Cup  Muffin w/Marg Lemon Bar *Diab Mixed Fruit Cup  Carrots Pears/Cranberry Sauce Coconut Custard Pie *Diab Cookie  28 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup	age Hotdi	BBQ on a Bun		nilada Casserole	Iam & Rean
*Diab Fruit  26 Ham Balls Alt: Beef Patty Succotash Yogurt Fruit Cup  Apple Crisp w/Whpd Tpg *Diab Cookie  27 Goulash Orange – 1/4 fresh Succotash Yogurt Fruit Cup  Apple Crisp w/Whpd Tpg *Diab Cookie  28 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup  *Diab Gookie  29 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup	uddina Nixea Ffuit Cup	Oven Browned Potatoes	Mashed Potatoes	Carrots	gg Salad o
*Diab Fruit  *Diab Cookie	Diab Cookie	Apple Crisp w/Whpd Tpg	Green Bean Casserole Pumpkin Crisp	Pears/Cranberry Sauce Coconut Custard Pie	Zinnamon A
Ham Balls Alt: Beef Patty Baked Potato w/Sr Cream Succotash Yogurt Fruit Cup  Alt: Beef Patty Succotash Yogurt Fruit Cup  Alt: Beef Patty Coleslaw Muffin w/Marg Lemon Bar  28 Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup		*Diab Fruit	*Diab Cookie	*Diab Cookie	emon Popp
Alt: Beef Patty Alt: Beef Patty  Baked Potato w/Sr Cream Succotash Yogurt Fruit Cup  Goulash Chicken Broccoli Bake Cranberry Bog Salad Snickerdoodle Brownies *Diab Mixed Fruit Cup  *Diab fruit	26		28	29	Diab Angel
Baked Potato w/Sr Cream Colesiaw Snickerdoodle Brownies Succotash Muffin w/Marg *Diab Mixed Fruit Cup *Diab fruit			1/4 fresh	en Broccoli Bake	eef Pot Roa
it Cup *Diab Mixed Fruit Cup *Diab fruit	MEMORIAL DAY	Baked Potato w/Sr Cream	13 19	Snickerdoodle Brownies	Valdorf Gela
Lemon Bar *Diab fruit		Succotash	Muffin w/Marg	*Diab Mixed Fruit Cup	resh Orang
*Diab fruit		Yogurt Fruit Cup	Lemon Bar	Diab Mixed Fruit Cup	
			*Diab fruit		