

Meals are subject to change

Semcac Senior Nutrition

April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Salisbury Steak Mashed Potatoes Corn Flavored Ice Cream *Diab Vanilla Ice Cream	1 Hot Turkey Sandwich Mashed Potatoes w/Gravy Broccoli/Cauliflower Banana	2 Kielbasa Oven Browned Potatoes Green Beans Yogurt Fruit Cup	3 Chicken Breast Baked Dumpling w/Gravy Asparagus Coleslaw Mandarin Orange Dessert *Diab Mandarin Oranges	4 Tuna Casserole Seasoned Peas & Celery Muffin w/Marg Cherry Crisp *Diab Angel Food Cake
14 Swedish Meatballs Mashed Potatoes w/Marg Herbed Green Beans Mixed Fruit Cup	8 Pork Loin Baked Potato Green Beans/Mushrooms Muffin w/Marg Baked Apple	9 Baked Ham Baked Sweet Potato Pea's Lemon Bar *Diab Angel Food Cake	10 Hamburger Gravy over Potatoes Parried Carrots Apple Cranberry Crisp w/ Whipped Topping *Diab Applesauce	11 Vegetable Soup Crackers Cheese on Rye Macaroni Fruit Salad Oatmeal Cake *Diab Cookie
21 Baked Chicken Mashed Potatoes w/Gravy Broccoli Blushing Pears *Diab Pear Cup	15 Taco Casserole Mexican Corn Corn Bread w/Marg Cherry Crunch Dessert *Diab Peaches	16 Creamed Chicken over Biscuit Carrots 7-Layer Salad Fruit Cocktail Cake *Diab Cookie	17 Goulash 3 - Bean Salad Orange Garlic Bread Cookie *Diab Bar/Cookie	18 Spring Holiday
28 Swiss Steak in Tomato Sc Baked Potato Mixed Vegetables Orange/Pear Cup	22 Beef Stew Seafoam Salad Muffin w/Marg Rice Krispie Bar *Diab Cookie	23 Cream of Broccoli Soup Crackers Chicken Salad on a Bun Strawberry ShortCake w/Tpg *Diab Fruit Cup	24 BBQ on a Bun Oven Browned Potatoes Baked Beans Apple Crisp w/W/ypd Tpg *Diab Fruit	25 Roast Beef Mashed Potatoes w/Gravy Harvard Beets Fresh Fruit
	29 Taco Salad: Sr Cr/French Drsg/Salsa/Meat/Shd Ch/Shredded Lettuce/ Tomato/Tostato chips Creamy Corn Casserole Beathik Cake *Diab Cookie/Bar	30 Chicken Alfredo Lasagna Mixed Green Salad Garlic Bread Pineapple Slices Pudding *Diab Mandrarin Oranges		

Alternate on Menu = Diner's Choice
Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.

In inclement weather:
Please visit
Or visit our FB page
Or call 507-864-8231