Jordan Towers Activity Calendar

February 2025

	10am- Bible Study 10am- Exercise 1pm – Chair Yoga 3pm- Bible Study	9am-11am- Bible Study 12:15pm- Bingo 2pm-Boards Games 3pm-5pm- Closet 7pm- Dart Club	26 10am- Exercise 1pm-3pm Coffee 1pm- Skip-Bo	9am-11am-Closet 10am-Exercise 2pm –Chair Yoga 7pm-Bean Bags	10am-Exercise 12:15pm-Bingo 1pm-Cognitive Wellness Presentation	23 3pm- Devotional/live music
1pm-Skip-Bo	10am- Bible Study 10am- Exercise 1pm – Chair Yoga 3pm- Bible Study	20 9am-11am- Bible Study 12:15pm- Bingo 2pm-Moments Hospice w/Liz 3pm-5pm- Closet 7pm- Dart Club	19 10am- Exercise 1pm-3pm Coffee 1pm- Skip-Bo 3pm - Communion	9am-11am- Closet 10am- Exercise 10:30am- Blood pressure 1pm- Resident Council Meeting 2pm - Chair Yoga	17 10am- Exercise 12:15pm- Bingo	16
15 1pm- Skip-Bo 1pm - Movie	14 10am- Bible Study 10am- Exercise 1pm - Chair Yoga 3pm- Bible Study 4pm- Valentine's Party and Music	13 9am-11am- Bible Study 12:15pm- Bingo 2pm- Table Talk 3pm-5pm- Closet 7pm- Dart Club	10am- Exercise 1pm-3pm Coffee 1pm- Skip-Bo 3pm-Diamond Art	9am-11am- Closet 10am- Exercise 2pm –Chair Yoga 7pm- Bean Bags	10 10am- Exercise 12:15pm- Bingo	9 3pm- Devotional/live music 5pm – Super bowl party
8 1pm-Skip-Bo	7 10am- Bible Study 10am- Exercise 1pm – Chair Yoga 3pm- Bible Study	6 9am-11am- Bible Study 12:15pm- Bingo 3pm-5pm- Closet 7pm- Dart Club	10am- Exercise 1pm-3pm Coffee & birthday celebration 1pm- Skip-Bo 3pm- Communion	9am-11am- Closet 10am-CSFP (NAPS) 10am- Exercise 2pm – Chair Yoga	3 10am- Exercise 12:15pm- Bingo	2
Saturday 1 1pm-Skip-Bo 1pm - Movie	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday